

Reach Out adventures

This includes Outdoor Rock Climbing , Abseiling and Bouldering
Risk assessment 1.1

Outdoor Rock Climbing

Control measures in place to reduce risk from each hazard	Likelihood & seriousness of injury	People at Risk	Control measures in place to reduce risk from each Hazard	Remaining Risk
Hit from Falling Objects	Possible serious	Participants and Instructors	<ul style="list-style-type: none"> ● Helmets to be worn at all times. ● Good group management and briefing at all times. ● Suitable venue choice. ● Safe area will be repaired for participants. ● All participants to remove items from pockets. 	Low
Fall from Height	Possible Serious	Participants and Instructor	<ul style="list-style-type: none"> ● Effective group management and briefing at all times. ● Helmets to be worn at all times. ● Safe area will be repaired for participants. ● Effective entry to venue. ● Instructor to use effective rope techniques to ensure their own safety and participants. ● Participants to be supervised at all times. 	Low
Slips and Trips	Possible serious various injuries	Participants and Instructors	<ul style="list-style-type: none"> ● Effective group management and briefing at all times. ● Appropriate footwear. ● Suitable venue choice. ● Suitable entry choice to venue. ● Helmets to be worn at all times. 	Low
Equipment Failure	Possible serious	Participants and Instructors	<ul style="list-style-type: none"> ● Ensure correct fitting and use of equipment. ● Equipment to be checked prior to use and after activities, suspect items to be removed. ● All equipment used will be (CE) marked and used to manufacturer guidelines. 	Low
Extreme weather	Serious	Participants and Instructors	<ul style="list-style-type: none"> ● Instructor to check weather forecast prior to activity and observe during activity. ● If necessary change plans, amend activity or move to safe environment. ● Ensure all participants have suitable clothing, Instructor to send check list prior to activity. ● Remind participants of sun protection. 	Low
Other site users i.e.: member of public	Unlikely serious	Participants, Instructors, member of Public	<ul style="list-style-type: none"> ● Suitable venue choice. ● Effective group management at all times. ● Safe area will be repaired for participants 	Low

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Instructor error	Unlikely serious	All participants	<ul style="list-style-type: none"> All instructors will hold the appropriate qualification, valued first aid certificate, DBS and insurance. All instructors will carry first aid kit. 	Low
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Outdoor Abseiling

Hazard	Likelihood & seriousness of injury	People at risk	Control measures in place to reduce the risk from each Hazard	Remaining risk
Hit from falling objects	Possible serious	Participants and staff and other i.e. members of public	<ul style="list-style-type: none"> Helmets to be worn at all times. Good group management and briefing to participants and any other members of staff before and during activity. Suitable venue choice. Instructors will provide a safe area below and on top of the crag. Effective management with use of equipment. All participants and instructors to remove items from pockets. 	Low
Fall from high	Possible serious	Participants and staff	<ul style="list-style-type: none"> Effective group management and briefing before and throughout activity. Instructor to ensure correct set up (releasable abseil). All participants will be attached to safety rope before entry to crag side. Helmets to be worn at all times. Suitable venue chose. All participants and instructors to remove items from pockets. 	Low
Slips and trips	Possible serious various injuries	All participants and instructors	<ul style="list-style-type: none"> Effective group management and briefing before and due in activity. Appropriate foot wear. Suitable venue choice, and entry to abseil point. Helmets to be worn at all times. All participants to be attached on safety rope when entering the abseil. Instructors to ensure their own safety at all times. 	Low
Equipment failure	Likely serious	All participants and instructors	<ul style="list-style-type: none"> Ensure correct fitting of harness. Effective group management with equipment. Check equipment prior to use, any suspect items to be removed from service. Avoid any ropes running over abrasive edges, rope protection to be use i.e. rope protectors or matting. 	Low
Hair/other caught in abseil device	Possible serious	All participants	<ul style="list-style-type: none"> Participants to tie long hair back. Effective group management and briefing. Instructors to use releasable abseil at all times. 	Low

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Extreme weather	Serious	Everyone involved	<ul style="list-style-type: none"> ● The instructor to check weather forecast prior to activity and observe due in activity. ● If necessary change plan amend activity or move to safe environment. ● Ensure all participants have suitable clothing, instructor to send kit list prior to activity. ● Remind participants of sun protection. 	Low
Other site users i.e. members of public	Unlikely serious	All participants	<ul style="list-style-type: none"> ● Effective group management and briefing at all times. ● Suitable venue chose and entry to venue. ● Instructors to provide safe area when participants not taking part in activity. 	Low
Instructors error	Unlikely serious	Everyone involved	<ul style="list-style-type: none"> ● All instructors will hold the appropriate qualification with valved first aid certificate, DBS and insurance. All ● instructors will carry a first aid kit. 	Low

Outdoor Bouldering

Personal injury due to falling climber	Possible serious	Climbers and spotters	<ul style="list-style-type: none"> ● Effective group management and briefing throughout the session. ● Coaching to bend knees when landing on fall. ● Group to work in pairs if necessary or instructor to spot. ● Coach group to climb down not to jump. ● Effective route choice. ● Effective warm up and cool down to prevent injuries. ● Helmets to be worn. ● Crash Mats to be used at all times. ● Keep numbers low, Maximum of 8 to participant on one session. 	Low
Weather	Possible serious	Everyone involved	<ul style="list-style-type: none"> ● Instructors to check weather forecast prior to activity and continues monitoring throughout. 	
Other site users	Possible serious	Everyone involved	<ul style="list-style-type: none"> ● Boundaries and safe areas will be provided for participants not taking part. ● Effective group management. 	
Instructors error	Unlikely serious	Everyone involved	<ul style="list-style-type: none"> ● All instructors will hold the appropriate qualifications with valued first aid certificate, DBS and insurance. Instructors will carry first aid kit. 	

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